



**ANNUAL WALK THAT STRENGTHENS MARRIAGES
A FAITH-FILLED EXPERIENCE OF LOVE, UNITY,
HEALING & LEGACY**



ABOUT THE MOVEMENT



WHAT IS THE MARRIED 4 LIFE WALK?

The Married 4 Life Walk is more than an event—it's a national movement transforming marriages, strengthening families, and building generational legacy through unity, love, and purpose. Founded by Coach Martez and Dr. Woodrina Layton, LPC, alongside Marriage Ambassadors and Vision Partners Ronnie & Shamari DeVoe, this faith-driven initiative was birthed from the Laytons' own powerful testimony of overcoming infidelity and discovering renewed meaning in their covenant.

Now in its 8th year, the Walk has impacted over 3,000 couples from diverse backgrounds. Some walk toward healing and restoration. Others walk to celebrate commitment and continued unity. But all walk hand-in-hand—physically and spiritually—declaring they will “never let go of the hand they are holding.”

The signature 2-mile unity walk is a powerful symbol of endurance, faith, and recommitment. Rooted in emotional wellness, spiritual growth, and relational purpose, the full weekend includes:

- The Couples Mixer, Panel & Game Night
- The 2-Mile Walk Experience

And key teachings that emphasize emotional health, financial unity, and wealth-building as part of legacy.

This year marks a milestone as the Married 4 Life Walk comes to Birmingham, AL for the first time—expanding its reach and deepening its impact.

Through the work of the Healing Hearts Healing Homes Foundation, this movement continues to revive relationships, inspire purpose, and help couples not only stay together—but build something that lasts.

MEET THE FOUNDERS

Coach Martez & Dr. Woodrina Layton, LPC

**Founders of Dream Builders
Marriage Coaching & Counseling
and The Married 4 Life Walk**



Coach Martez and Dr. Woodrina Layton are nationally respected relationship experts, authors, and the visionary founders of Dream Builders Marriage Coaching & Counseling and the Married 4 Life Walk. With over 20 years of combined experience, they have helped thousands of couples restore trust, deepen connection, and build marriages that last.

In addition to their professional work, the Laytons have served in ministry roles for over two decades—mentoring couples, leading marriage workshops, and offering spiritual guidance as part of their life's calling to restore hearts and homes. Their coaching is deeply rooted in both clinical expertise and faith-based insight, helping couples move from crisis to purpose, and from brokenness to breakthrough.

Their own testimony of overcoming infidelity in their 34+ year marriage fuels the hope they bring to others. Coach Martez, a certified professional life coach and U.S. Navy veteran, is known for igniting identity, purpose, and emotional clarity—especially in men. Dr. Woodrina, a licensed professional counselor, is widely respected for guiding women through forgiveness, emotional healing, and spiritual intimacy.

They've been featured on national platforms including OWN's Black Love, The 700 Club, The Real Housewives of Atlanta, Good Day Atlanta, and more. Their best-selling book, *A Blessed Affair: Be Careful What You Curse*, tells their powerful story of how betrayal became the foundation for transformation.

As founders of the Married 4 Life Walk, a faith-driven national movement that has brought together over 2,500 couples, their message is simple but powerful: "Never let go of the hand you are holding." Their work continues to strengthen marriages mentally, emotionally, spiritually—and financially—empowering couples to build generational legacy and lasting love.

Celebrity Marriage Ambassadors & Vision Partners

Ronnie & Shamari DeVoe

Influential Voices, Empowering Marriages

As celebrated entertainers and devoted partners, Ronnie and Shamari DeVoe bring unmatched energy, authenticity, and influence to the Married 4 Life Walk movement. With a legacy rooted in iconic music groups like New Edition, Bell Biv DeVoe, and Blaque, this power couple has leveraged their platform to champion healthy marriages, mental wellness, and generational wealth.

Married for over 20 years, the DeVoes have become a symbol of resilience and love in action—sharing their real-life challenges, triumphs, and tools for lasting connection. From VH1's Couples Retreat to The Real Housewives of Atlanta and features in Essence, Ebony, and countless national radio and TV platforms, they continue to inspire couples worldwide as true Marriage Ambassadors. Their passion for family, faith, and community fuels their commitment to help others walk in unity—proving that love isn't just a feeling, it's a decision worth fighting for.

Behind their unwavering commitment to marriage and community stand their twin boys, Ronald and Roman. As proud parents, the DeVoes' journey reflects not only their devotion to each other but also the love and purpose they pour into raising the next generation.



MARRIED 4 LIFE WALK WEEKEND CELEBRATION

A Transformational Weekend of Love, Unity & Legacy

Birmingham, AL | June 5 – 6, 2026

The Married 4 Life Walk Weekend is more than a gathering, it's a soul-stirring movement that reignites love, strengthens unity, and honors the sacred power of commitment. Founded by Coach Martez & Dr. Woodrina Layton, in partnership with Ronnie & Shamari DeVoe, this two-day celebration is designed for couples at every stage, dating, engaged, or married—ready to reconnect, recommit, and build lasting legacies.

FRIDAY NIGHT – COUPLES MIXER, PANEL & GAME NIGHT

Let love lead with laughter, fun, and connection. This interactive “date night” features insightful relationship panels, team-building games, and powerful moments of truth designed to spark breakthrough and deepen intimacy.

SATURDAY MORNING – THE MARRIED 4 LIFE WALK

The heart of the movement. Thousands walk side-by-side in a symbolic 2-mile journey of recommitment. With prayer, praise, balloon release, affirmations, and an atmosphere of unity, couples declare: “We will never let go of the hand we are holding.”

HONORING MARITAL LEGACY

The prestigious Married 4 Life Walk Marriage Commitment & Legacy Award honors couples who exemplify unshakable love, leadership, and impact. Past honorees include:

Marvin & Sharyn Ellison - CEO of Lowe's known for their faith, leadership, philanthropy, and lasting love.

David & Tamela Mann – Grammy-winning artists known for their faith-based marriage.

Steve & Terri Ewing – Business leaders dedicated to service and community love.

Dr. Reginald & Lisa Garmon – Visionary pastors and long-standing advocates of marital unity.

COMMUNITY PARTNERS AND MEDIA OUTLET APPEARANCES

We are grateful to the organizations and community leaders who have supported the Married 4 Life Walk over the years. Their commitment to strengthening marriages and families has helped expand our reach and impact nationwide.



KEY RESULTS:

- Over 2,500+ Couples Strengthened Nationwide
- 30+ National Media Features Highlighting Our Impact
- 85% of Attendees Report Enhanced Emotional Connection
- 70%+ Rededicate Vows or Start Marriage Counseling & Coaching
- 65% of Participants Report Taking Steps Toward Financial Wellness & Purpose-Driven Marriage Planning

MEDIA INVITATION & CALL TO ACTION



WHY TV HOSTS & PASTORS, COMMUNITY LEADERS, ORGANIZATIONS SHOULD FEATURE MARRIED 4 LIFE WALK

Perfect for interviews, podcast segments, and panel discussions on:

In a world where relationships are under pressure, the Married 4 Life Walk offers real hope, real healing, and real stories of restoration. This is a movement made for TV—filled with heart, powerful headlines, and undeniable authenticity.

- Black love & marriage
- Faith & relationships
- Healing from infidelity
- Building legacy through family
- Emotional wellness & mental health in marriage

Coach Martez, Dr. Woodrina, Ronnie DeVoe, and Shamari DeVoe are available for interviews, expert commentary, and event promotions—ready to inspire, encourage, and uplift.

BOOK AN INTERVIEW OR SEGMENT:

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🌐 www.Married4LifeWalk.com

**Let's talk about love, faith, and the power of unity.
Bring this powerful story to your audience.**

Your next powerful episode begins with one bold couple, one strong walk, and one unforgettable movement.

🌐 www.married4lifewalk.com